



Inspire is an alternative to CPAP that works inside your body while you sleep. It's a small device placed during a same-day, outpatient procedure.

This procedure is not available in our community. An Inspire trained doctor will evaluate your overall health and sleep apnea history to decide if Inspire is right for you

- Inspire works inside your body with your natural breathing process
- It delivers mild stimulation to key airway muscles, allowing the airway to remain open during sleep
- Inspire is controlled by a small handheld sleep remote

Inspire is covered by most major insurance providers, including Medicare. Depending on your provider, insurance approval can take a few days or a few weeks

You might be a candidate for Inspire if...

- You have moderate to severe obstructive sleep apnea.
- You do not have more than 25% Central / Mixed Sleep Apnea.
- You are unable to use or get consistent benefit from CPAP.
- You are not significantly obese.
- You are age 18 or above.

Website: inspiresleep.com

We can send a referral to Tampa General Sleep Center for evaluation. They can be reached at 941-844-8238