



CLEANING & MAINTENANCE OF PAP & PAP SUPPLIES

Your Positive Airway Pressure device does not require regular servicing. It is classified as Durable Medical Equipment, meaning that they are built to last! To increase the life of your machine and to ensure that it operates as it should, follow the simple guidelines below:

- FILTERS:** Change them regularly. Most PAP devices come with 2 filters.
- One is ultra-fine (Airsense/Dreamstation) and one is regular (older models). Usually one is disposable and will need to be replaced while the other is reusable and will require cleaning. Consult your device manual for proper maintenance.
- TUBING:** The tubing is used to carry the air from the PAP device to the interface. You should inspect and clean the tubing once a week.
- Check the tubing to make sure that it is clean, pliable and free of holes or tears. Clean the tubing once a week with warm, soapy water and then rinse thoroughly. Allow to air dry.
- Once per month, clean the tubing in 1 part white vinegar to 4 parts water. This will completely disinfect the tubing and prevent any bacteria from growing. If you think that your tubing needs to be replaced, call the DME Company.
- INTERFACES:** The interface is used to deliver the air pressure to your face. Inspect it weekly for wear and tear. Most interfaces will last a long time if cared for properly. Clean your interface daily in warm, soapy water and then rinse thoroughly. Allow to air dry. Once a week, clean the interface with 1 part white vinegar to 4 parts water.
- This will completely disinfect the interface and prevent any bacteria from growing. If replacement is needed, contact the DME Company to get a replacement.
- CHINSTRAPS:** Chin Straps should be washed once a week in warm, soapy water and allowed to air dry. Never place a chin strap in a washer and dryer.
- HUMIDIFIERS:** There are 2 types of humidifiers, Passover and Heated. Humidifiers can help to make the air more comfortable to breathe. You should **ONLY USE DISTILLED OR BOTTLED WATER IN THE HUMIDIFIER.** Regular tap water can clog it with minerals and sediment. The water chamber should be cleaned with warm, soapy water every day. Once a week you should disinfect it with 1 part white vinegar and 4 parts water. This will completely disinfect the interface and prevent any bacteria from growing. Inspect the chamber weekly for any cracks that could cause a water leak.
- Periodically, the chamber will need to be replaced. Contact the DME Company to obtain a replacement water chamber.

SUPPLIES REPLACEMENT SCHEDULE

A7030 Full Face Mask – replace every 3 months

A7031 Replacement Full Face Cushion – replace every month

A7032 Replacement Nasal Mask Cushion – replace twice per month

A7033 Replacement Nasal Pillows – replace twice per month

A7034 Nasal Interface – replace every 3 months

A7035 Headgear – replace every 6 months

A7036 Chin Strap – replace every 6 months

A7037 Tubing – replace every 3 months

A7038 Disposable Filter – replace twice per month

A7039 Non-Disposable Filter – replace every 6 months

A7044 Oral Interface – replace every 3 months

A7046 Replacement Water Chamber – replace every 6 months

A4604 Tubing with Integrated Heating / Climateline Tubing – replace every 3 months

A9279 Monitoring Feature

E0562 Heated Humidifier

K0553 Combination Nasal / Oral Interface – replace every 3 months

K0554 Replacement Oral Cushion for Combination Nasal / Oral Interface – replace every month

K0555 Replacement Nasal Pillows for Combination Nasal / Oral Interface – replace twice per month